Christ the Saviour Cathedral

"CATHEDRAL JOTTINGS"



Corner of Garfield Street and Butler Avenue
Johnstown, Pa. 15906
Rectory Office – 249 Butler Avenue; Johnstown, Pa. 15906
Cathedral Church of His Eminence, Metropolitan Gregory of Nyssa
of the
American Carpatho-Russian Orthodox Diocese
of the
Ecumenical Patriarch of Constantinople

Cathedral Clergy

Pastor – Very Reverend Protopresbyter Robert A. Buczak, Cathedral Dean
Very Reverend Protopresbyter Frank P. Miloro - Very Rev. John S. Brancho
Rectory Phone……814-539-8086
Mobile Phone……412-759-4481
Cathedral Office……814-254-4011
E-mail Address (for Father Robert Buczak)……frbuczak@outlook.com
Diocesan Website: http://www.acrod.org ***Facebook***: https://www.facebook.com/acroddiocese
Cathedral: http://www.acrod.org/organizations/cathedral ***Twitter***: https://twitter.com/acrodnews
Camp Nazareth: http://www.campnazareth.org ***You Tube***: https://youtube.com/acroddiocese

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Vol. 84 No. 1985

Sunday, July 19th, 2026

The Seventh Sunday after Pentecost

Saint Sisoes the Great of Egypt

The Chrismation of Alex and Heather Stahl – 8:50 am

Divine Liturgy – 9:00 am

Panachida for +***Stephen Herko*** offered by family; +***Tommy Lee Knipple*** offered by Mark and Linda Goodwin; +***Mary Hanak;*** +***Samuel Muchesko*** offered by the Muchesko family; +***Sophia Martich*** offered by the family Nancy Berkey & Mary Jean Black; +***Michael Pirich Jr.*** offered by Michael and Diana Pirich; +***Stephen Knaze Sr.*** offered by Steve Knaze Jr.; +***Larry Buksa*** offered by Joe and Patricia Kmetz +***Protodeacon John S. Youhas;*** +***Sophia and Michael Komisarik;*** +***Michael, Mary, Michael, Anna, John, Suzanne, Anna, and Martha Prokop; and*** +***Darby Sprincz offered by Fr. Frank and Pani Connie Miloro***

Resurrection Tone 6: Tropar & Kondak: pages 96-98

Epistle: Romans 15:1-7 Gospel: Matthew 9:27-35

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CAMP NAZARETH SUMMER CAMP 2026

Johnstown Deanery: Sunday, July 19th – Saturday, July 25th, 2026

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Sunday, July 26th, 2026

The Eighth Sunday after Pentecost

The Holy Fathers of the First Six Ecumenical Councils

Divine Liturgy/ Choir Sunday– 9:00 am

Panachida for +***Colleen Parlock*** offered by a friend; +***Michael Savering (2nd Anniversary)*** offered by his wife, Mary Ann Savering; +***George Evanisko Jr.*** offered by wife, Anna; +***John and Mary Kindya*** offered by Lucy Tomko and family; +***Joe Muchesko*** offered by George Evanisko; +***Anna Smisko*** offered by the family; +***Anna Demko***; and +***Mary Herdyk***

Resurrection Tone 7 - Tropar & Kondak: pages 99 and 164

Epistle: Hebrews 13:7-16 Gospel: John 17:1-13

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CONTRIBUTIONS TO THE CATHEDRAL ON-LINE

Did you know that you can make donations to Christ the Saviour Cathedral on-line? Many parishioners and non-parishioners save time and efforts by donating to the Cathedral at: **https://www.acrod.org/directories/cathedral/**

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Wed. 7/29 … +Steve Matrician; and +John and Susanna Andrus (Perpetual)…….8:00 am
Sat. 8/01… ***Vespers for the Feast of Saint Elias - 4:00 pm***

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Sunday, August 2nd, 2026

The Ninth Sunday after Pentecost

The Feast of the Prophet Elijah

Divine Liturgy – 9:00 am - Blessing of Vehicles

Resurrection Tone 8 - Tropar & Kondak: pages 102-104 & 164-165

Epistles: 1 Corinthians 3:9-17 & James 5:10-20 Gospels: Matthew 14:22-34 & Luke 4: 22-30

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BIRTHDAY PRAYERS – ***Hanna Cook (7/19), Brian Seitz (7/20), Kelly Buczak (7/22), Asher Rosenthal (7/23), Mary Ann Muchesko (7/23), Mike Dzvonik (7/24), Eli Snyder (7/26), Justin Dutko (7/27), Kyra Vatavuk (7/28), Diana Gvozdich-Smith (7/28), Devon Grando (7/31), Julie Mastrine (8/1), and Amy Geisel (8/1)*** You were remembered in Proskomedia!

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ALTAR FLOWERS – The Altar will be beautified with flowers ***on July 26th in honor of the Anniversary of Marriage of George and Evelyn Evanisko by their children, grandchildren, and great-grandson.***

SACRAMENTAL TABLE FLOWERS – The Tetrapod will be beautified with flowers ***on July 26th in honor of the Anniversary of Marriage of Susan Kalcik and Nick Bocher.***

THE ETERNAL LAMP – is offered the week of July 19th in memory of ***+Stephen Herko by Kris Bunda,*** and the week of July 26th in memory of ***+Michael Savering by wife, Mary Ann.***

THE ALTAR CANDLES – are offered the week of July 26th in memory of ***+Michael Savering by wife, Mary Ann Savering.***

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A.C.R.Y. News

Please join us for our Chapter meeting on Thursday, August 6, 2026 at 6:30 pm in the Cathedral auditorium. ***Nursing Home/Shut-in Bags:*** 16 gift bags were distributed for the summer/July month. We will resume with the gift bags in the fall. Thank you to everyone who contributed! ***Saturday's Kitchen:*** all volunteer dates are covered for the summer months. ***Cambria County Backpack project:*** volunteer date is Monday, July 20, 2026 at 4 pm located behind the Garfield school. See Melanie Dudak. ***Blueberry Sale: The 81st National ACRY Convention*** will be held September 4-7, 2026, hosted by Chapter 25 Potomac, MD. Information for reservations will be provided soon. Our gratitude for your continued support! ACRY Chapter #20

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ETERNAL MEMORY FUND - *In memory of Darby Sprincz*

Fr. Robert and Pani Kathy Buczak - $25.00 ***Pani Betty Jean Baranik - $25.00***
Dave and Melanie Dudak - $25.00 ***Tom and Linda Fleming - $100.00***
Mark and Mary Vibastok and Family - $25.00 ***Stella Nitkulinic - $30.00***
Dan Lavrich - $20.00 ***Dorothy Laichak - $20.00*** ***Darice Tvarozna - $50.00***
Dr. Louise Brudnak - $20.00 ***Rose Horner - $20.00*** ***Joye Matolyak and family - $20.00***
Fr. Frank and Pani Connie Miloro - $25.00 ***Kristine Bunda - $25.00*** ***Carol Devine - $20.00***

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CHRISTMAS IN JULY – SATURDAY'S KITCHEN

As part of our fundraiser, a Love Tree, has been set up in the vestibule of the church. Please take an envelope from the tree and place your donation into the box located next to the tree. Your gift helps to provide the needs of the 24 food pantries in the Johnstown area, St. Vincent de Paul, the Salvation Army, and daily and weekend meals at the local soup kitchen. May God bless you!

With love and appreciation – ***Joan and Ron Bost and the entire Saturday's Kitchen board.***

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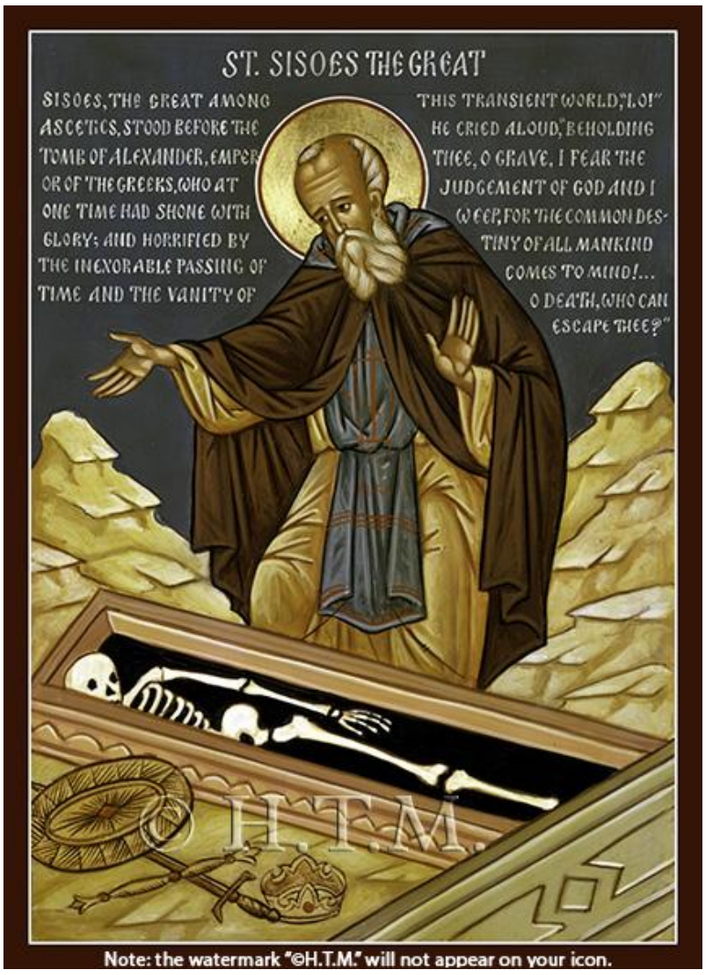
PRAYER CHAIN

Thomas Buczak	Arianna Jade Miller	Frank and Daniel Porembka	Matushka Mary Margaret	Cindy LaBarr
Veronica Buczak	Taylor Miller	Dr. Rose Ann Jordan	Remona Blunt-Wall	Amber
Michael Sakmar	Jennifer Gardenhour	Demetra Mavrophilipos	Patti Sweeney	Diana Gvozdich-Smith
Dave and Roberta Kovalik	Steve Prieber	Rose Conjelko	Samantha Salway	Jean Barnes
Kira Pronin	Aberdeen Rudge	Cindy Birth	Joan and Ronald Bost	Jennifer Beas
Romayne and Henry Laichak	Pat Hanuska	Roger Zankey	Cheryl Reese	Ellen Kuzmyak
Zachary Rogina	Dwight Nugle	Jess Ambrose	Sheri Smay	Elaine Adams
Ron Kuzmyak	Rose and Terry Fyock	Paul Kalinyak	Geroge Kuzmiak	Ronnie Horbal
Paul Kalcik	Rosalia Horner	John Rosiak	Lisa Luterman	Audrey Novak
Ronald Kmet	Beverly Mayo	Louis Pocchiari	Jeanne Norris	Lindsay Penatzer
Eva Zeleniak-Whitak	Al Kuzmyak	Ed and Christine Sakmar	Kristo Burkett	Carol Devine
Judith Rowlands	Michael Paul Gost	Julie Locher	Amanda May	Dominic
Angeline Komara	Matushka Helen Jasiukowicz	Denise Stroud	Jean Romesburg	Florence Gost
Charlie Erisman	Joanne Democko	Brianna Thompson	MaryAnn Savering	Irene Lenzo
Rachael Costlow	Robert and Barbara Stokes	Elijah Groff	Spenser Kreger	Rite Cade
Shirley Mazurak	Marcia Matthews	Michael Mehalacki	Zander Marshall	Jackson Engro
Erin Demich	Jolene McClain	Matthew Hanak	Kara Dorsey	Carla Cernic
Mary Ann Muchesko	Georgene Coulter	Mary Frances Dutko	Ronald Patrick	John Kobal
Michaela Miller	Tanya Britan	Clarabella Knight	Lisa Daugherty	

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You have never really lived
until you have done something for someone who cannot possibly pay you back

Saint Sisoes the Great



Note: the watermark "©H.T.M." will not appear on your icon.

Saint Sisoës was an Egyptian by birth. Having withdrawn the world from his youth, he retired to the desert of Sceté, and lived some time under the direction of abbot Hor. The desire of finding a retreat yet more unfrequented induced him to cross the Nile and hide himself in the mountain where St. Antony died some time before. Extremely strict with himself, Abba Sisoës was very merciful and compassionate to others, and he received everyone with love.

The reputation of his sanctity became so illustrious as to merit the full confidence of all the neighboring solitaries. Some even came a great distance to be guided in the interior ways of perfection; and, in spite of the pains he took he was forced to submit his love of silence and retreat, to the greater duty of charity. To those who visited him, the saint first of all always taught humility, as the most necessary virtue.

When one of the monks asked how he might attain to a constant remembrance of God, St Sisoës remarked, *"That is no great thing, my son, but it is a great thing to regard yourself as inferior to everyone else. This leads to the acquisition of humility."* Thus, while he never lost sight of the divine presence, it was ever accompanied with the consciousness of his own nothingness and misery. Asked by the monks whether one year is sufficient for repentance if a brother sins, Abba Sisoës said, *"I trust in the mercy of God that if such a man repents with all his heart, then God will accept his repentance in three days."*

He often passed two days without eating, and was so rapt in God that he forgot his food, so that it was necessary for his disciple Abraham to remind him that it was time to break his fast. His prayer was so fervent that it often passed into ecstasy, his heart becoming inflamed with divine love.

It was a maxim with him, that a solitary ought not to choose the manual labor which is most pleasing to him. His ordinary work was making baskets. He was tempted one day as he was selling them, to anger; instantly he threw the baskets away and ran off. By efforts like these to command his temper he acquired a meekness which nothing could disturb.

His zeal against vice was without bitterness; and when his monks fell into faults, far from affecting astonishment or the language of reproach, he helped them to rise again with a tenderness truly paternal.

Some Arians had the impudence to come to his mount, and utter their heresy before his disciples. The saint, instead of an answer, desired one of the monks to read St. Athanasius's treatise against Arianism, which at once stopped their mouths and confounded them. He then dismissed them with his usual good temper.

(Continued next page)

The saint said one time, *"I am now thirty years praying daily that my Lord Jesus may preserve me from saying an idle word, and yet I am always relapsing."* Thus he was singularly observant of the times of retirement and silence, and kept his cell constantly locked to avoid interruption, and always gave his answers to those who asked his advice in the fewest words.

When St Sisoës lay upon his deathbed, the disciples surrounding the Elder saw that his face shone like the sun. They asked the dying man what he saw. Abba Sisoës replied that he saw St Anthony, the Prophets, and the Apostles. His face increased in brightness, and he spoke with someone. The monks asked, "With whom are you speaking, Father?" He said that angels had come for his soul, and he was entreating them to give him a little more time for repentance. The monks said, "You have no need for repentance, Father" St Sisoës said with great humility, "I do not think that I have even begun to repent."

After these words the face of the holy abba shone so brightly that the brethren were not able to look upon him. St Sisoës told them that he saw the Lord Himself. Then there was a flash like lightning, and a fragrant odor, and Abba Sisoës departed to the Heavenly Kingdom.



St. Sisoes the Great on Falling into Sin

Abba Sisoes the Great, a 4th-century Egyptian desert father, taught that sin is a common human experience, and the Christian response is not despair but persistent repentance and trust in God's mercy.

When a brother came to him confessing his sin, he was asked, *"Counsel me, Father, for I have fallen to sin. What am I to do?"* Sisoes replied, **"When you fall, get up again."** The brother, still burdened by guilt, said, *"Ah! Father, I got up, yet I fell to the same sin again."* Sisoes encouraged him, **"Then get up again and again."** The young man asked, *"How long can I do that, Father?"* and Sisoes answered, **"Until the end of your life — whether you be found in the commendable attempt at lifting yourself up from sin or falling again to it. For wherever it is that a man is found at the last moment of his life on earth, whether it be in things good or evil, there he will be judged, going forth either to punishment or to reward.**